

**INFORMATION FOR PHYSICIANS & REFERRAL AGENTS**  
**Clinical Psychology Practice of Dr. William Winogron**

**Name of Practice:** Dr. William Winogron, Psychological Assessments and Treatments

**Registrations:** C.Psych. Registered Psychologist; College of Psychologists of Ontario (reg. #2100)  
CRHSP Canadian Register of Health Service Psychologists (cert. # 03702)

**Synopsis:** I am a senior psychologist, clinical trainer & approved clinical supervisor with expertise in evidence-based cognitive behavioural psychotherapies.

I was mentored directly by Dr. Albert Ellis, originator of REBT (Rational Emotive Behavior Therapy) and co-originator of CBT (Cognitive Behaviour Therapy).

I value cost-effective therapy that is as brief as possible and engages the client as an active participant from the first visit.

**Orientation:** Short-term CBT (Cognitive Behaviour Therapy)

**Clients served:** Practice of general clinical psychology with **individual adults & couples**

**Physician Referral agent /Feedback:**

A brief synopsis of impressions, interventions and outcomes is sent to referring physicians upon file closure.

**Areas of practice:**

I am a generalist:

**Unhealthy habits/non-compliance  
with healthy lifestyle or other medical  
regimens**

**Post-MVA (motor vehicle accident)  
assessment & treatment**

**Stress & anxiety**

**Workplace distress & inefficiencies**

**Couples/marital conflict**

**Interpersonal conflict/ineffectiveness**

**Panic**

**Social phobia**

**Anger & aggression**

**Dysphoria/guilt/shame/envy**

**Substance abuse**

**Procrastination/Underachievement**

Dr. William Winogron, Psychologist  
Dr. C. Gow & Associates, 265 Carling Ave., Suite 200, Ottawa, ON, K1S 2E1  
Ph.: 613-565-0087; Fax: 613-565-5621

**Current Positions:**

1. Psychologist, Dr. C. Gow & Associates
2. Adjunct Professor of Psychology, Yorkville University
3. Co-Director, Center for Rational & Cognitive Therapies, Brockville, ON.,  
An approved Albert Ellis Institute-Affiliated Training Center; [www.crandct.com](http://www.crandct.com)

**Fees:**

Not covered by OHIP; Covered by most 3<sup>rd</sup> Party payers  
\$200.00 per 50-min. clinical session  
Receipts issued post-payment for insurance reimbursement

**Correspondence:**

Winogron Psychology Prof. Corp.  
C/O: Dr. William Winogron, Psychologist  
Dr. C. Gow & Associates, 265 Carling Ave., Suite 200, Ottawa, ON, K1S 2E1

**Contacts/Practice:**

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