

INFORMATION FOR PHYSICIANS
Clinical Psychology Practice of Dr. William Winogron

Name of Practice: Dr. William Winogron (at Dr. C. Gow & Associates)

Registrations: C.Psych. Registered Psychologist; College of Psychologists of Ontario (reg. #2100)
CRHSP Canadian Register of Health Service Psychologists

Synopsis: I am a senior psychologist, clinical trainer & approved clinical supervisor with expertise in evidence-based cognitive behavioural psychotherapies.

I was mentored directly by Dr. Albert Ellis, originator of REBT (Rational Emotive Behavior Therapy) and co-originator of CBT (Cognitive Behaviour Therapy).

I value cost-effective therapy that is as brief as possible and engages the client as an active participant from the first visit.

Orientation: Short-term CBT (Cognitive Behaviour Therapy)

Clients served: Practice of general clinical psychology with ***individual adults and couples***

Physician Referral/Feedback:

A brief synopsis of impressions, interventions and outcomes is sent to referring physicians upon file closure.

Areas of practice:

I am a generalist:

***Unhealthy habits/non-compliance
with healthy lifestyle or other medical
regimens***

***Post-MVA (motor vehicle accident)
assessment & treatment***

Stress & anxiety

Workplace distress & inefficiencies

Couples/marital conflict

Interpersonal conflict/ineffectiveness

Panic

Social phobia

Anger & aggression

Dysphoria/guilt/shame/envy

Substance abuse

Procrastination

Underachievement

Current Positions:

1. Psychologist, Dr. C. Gow & Associates, Ottawa
2. Adjunct Professor of Psychology, Yorkville University
3. Co-Director, Center for Rational & Cognitive Therapies, Brockville, ON.,
An approved Albert Ellis Institute-Affiliated Training Center; www.crandct.com

Fees:

Not covered by OHIP; Covered by most 3rd Party payers
\$200.00 per 50-min. clinical session
Receipts issued post-payment for insurance reimbursement

Correspondence:

Winogron Psychology Prof. Corp.
C/O: Dr. William Winogron, Psychologist
Dr. C. Gow & Associates, 265 Carling Ave., Suite 200, Ottawa, ON, K1S 2E1

Contacts/Practice:

: Dr. William Winogron, Psychologist
Dr. C. Gow & Associates, 265 Carling Ave., Suite 200, Ottawa, ON, K1S 2E1
Ph.: 613-565-0087; Fax: 613-565-5621